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The Telegram Ma

Nearly 70% of people travel with their pets, and, according to PetVR.com, packing for pets is a lot easier than packing for you or the kids. Instead of music, iPods, laptops, movies, make-up and more, it only takes a few common sense items to keep your pet happy and safe. Here are the top ten things you need to pack:

Pet owners who want a stress-free trip with their favorite furry companions should bring:

1. **Pet tags with phone numbers**—don't let a pet wandering off ruin your vacation. Make sure home, cell and vacation destination phone numbers are on your pet's tag. Stores such as Petsmart, Petco and Wal-Mart's make it easy to print a quick tag with machines onsite.

2. **A photo**—a pet photo in your wallet can be a big help in printing flyers with photos if your pet does get lost. (And you should have one anyway to show off to friends and family, right?).

3. A leash and extra collar—pets get as excited about traveling as we do. Make sure they stay on a leash outside and bring an extra collar just in case one gets lost.

4. A blanket or cushion from your pet's home **bedding**—people aren't the only ones who get homesick. Something from home to sleep with is reassuring to pets in a strange environment.

5. A container of your pet's food—the last thing you want is any unpleasant side effect from changing a pet's diet on vacation because the pet food you normally use is unavailable. Bring a small container just in case You can mix it with another brand if needed, or not have to shop right away by bringing a supply. If you're going to be staying in a hotel that allows pets, don't forget a can-opener and spoon for canned food.

6. **A water dish**—you'll want a portable water container for the trip, or any hikes or side trips during your vacation.

7. **Treats and toys**—frisbees, balls, toy mice, and tasty treats also make for a happy pet holiday.

8. **Baby wipes**—these are great for keeping paws clean while hopping in and out of cars, tents, hotels and other lodging and for cleaning up any accidents.

9. **Trash bags and waste removal bags**—don't forget good pet-owner etiquette and pick up after your pet!

10. **First aid kit**—this is a must for people and pets. Bandages, allergy medicine such as Benadryl, a few aspirin, flea spray if necessary, antiseptic and other items can help ensure a smooth, safe trip.

For more travel tips, go to http://www.petvr.com/index. php/pages/traveltips.html.

### A Moving Guide For Your Pet(s)

TripsWithPets knows how challenging moving to a new home and a new town can be, especially when the move involves a beloved family pet. In order to meet the needs of families facing this difficult transition, TripsWithPets offers Pets on-the-Move: A Moving Guide for Pets. This free online moving guide is jam-packed with everything a family needs to know in order to successfully move with their pet.

Pets On-the-Move offers the following helpful information and resources:

1. **Pet Relocation Service**: If the move is international or cross-country, or if flying or driving with your pet just isn't an option, a pet relocation service may be a wise choice. This section provides information about securing a reputable company as well as helpful tips to narrow down which one to choose.

2. **Airline Pet Policies**: There are a lot of regulations regarding flying with pets. This section displays a list of airlines and directly links to that specific airline's policies.

3. **Search by Route**: Due to a massive request for this service, users can simply enter the departure and destination cities and a list of all the pet friendly hotels (and other pet friendly properties) within a three or five mile radius of the route are returned. This is perfect for those families driving to their new homes and need to know where they can stop with their pets along the way.

4. **Tips, tips, and more tips**: There are a hundred and one things to remember when moving with a pet. The guide covers everything from what to prepare for before the move to advice on making sure furry family members are comfortable in their new surroundings.

5. **Pet Moving Essentials**: You name it—pet travel crates and kennels, pet seat belts, vehicle pet barriers, and pet car seats. This moving guide includes all the pet travel supplies you'll need.

"Pets On-the-Move is our answer to all of the inquiries we receive on a regular basis from people moving with their pets. Over 89 million US and Canadian households have pets but there wasn't a well-defined resource out there that we could send people to, so we made our own," said Kim Salerno, President of TripsWithPets. "This guide is perfect not only for the families who are moving, but for real estate agents, moving companies, local chambers of commerce any organization that's involved in the moving process and wants to better serve their clients!"

## Top 10 Pet-friendly Bed and Breakfast in the United States

#### Restful Paws Bed and Breakfast & Pet Resort, MA

The Inn at Restful Paws Lodging is unique in many ways. First, we are not only pet-friendly; we are a one-of-a-kind truly pet-orientated lodging in Central Massachusetts. Our private and secluded 31 acres in the Holland, Sturbridge, Brimfield area is accountable for the highly relaxing and enjoyable pleasures that we provide. By continuing to offer amenities to both pets and their families, Restful Paws Lodging and More remains "the place where pooches bring their people to relax."

#### The Ruby of Crested Butte, CO

The Ruby is the premier dog friendly bed and breakfast in the very dog friendly town of Crested Butte. Each dog who stays at our bed and breakfast will lap up the luxury as much our human guests. Pet amenities include: dogs stay free, comfy dog beds and blankets, dog dishes for food and water and homemade healthy dog treats. We pamper pups of all breeds and all sizes. For the comfort of all our guests, we only allow two dogs per guest room and we do not allow dogs to be on any furniture within The Ruby.

#### Audrey's Farmhouse Bed and Breakfast, NY

Voted the 'Best Pet-Friendly Bed and Breakfast in North America" by Arrington Publishing, Audrey's Farmhouse Bed and Breakfast has been in the hospitality business for over 20 years, and offers peace, tranquility and the utmost in comfort for our guests and their pets. Take a step back in time at a pre-revolutionary country inn located in the romantic Hudson Valley. Nestled in the Mohonk Valley, at the foothills of the Shawangunk Mountains, our establishment, near the great college town of New Paltz, is well-known for its true hospitality for humans and dogs alike.

#### Carmel Country Inn Bed and Breakfast, Carmel, CA

Carmel Bed and Breakfast, situated in the quiet village of Carmel by the Sea, offers you spacious one and two bedroom suites or romantic studios—all with fireplaces and luxury baths. Your pets are always welcome at our pet-friendly Carmel hotel. A bountiful breakfast buffet is served daily at our Carmel Bed and Breakfast to start your day the healthy way before exploring nearby Carmel Beach, Pebble Beach Golf Course, Big Sur, Cannery Row, Monterey Bay Aquarium or Carmel Valley.

#### The Lodge at Sedona, AZ

The Lodge of Sedona is located in the heart of world famous Sedona Red Rock Country. Experience secluded, rustic elegance at this award-winning bed and breakfast inn situated on two acres of serene gardens, mature pines, calming waterfalls, original art and unique rock formations. Amenities include a fitness center privileges for guests including indoor and outdoor swimming pools, whirlpool, work out room and a magical meditative labyrinth adjacent to the Lodge at Sedona property. The award-winning Lodge at Sedona Bed and Breakfast Inn provides a serene estate setting and pampering guest services.

#### Crystalwood Lodge B & B, OR

The Telegram" continued—

This B & B is located near Oregon's Crater Lake. The owners, Peggy and Liz specialize in providing the environment for pet travel and the perfect "in the mountains vacation." Well-behaved pets are most welcome in the lodge, guest rooms and throughout the grounds. Amenities include crates in every room, swimming ponds and hiking paths, a dog washing facility, homemade dog bones from our resident chef and pet day care available to our guests wishing to enjoy "people-only" activities.

#### The Perennial Inn in Rumford, ME

Nestled in the Blue Mountains of Western Maine, The Perennial Inn awaits your visit. Built in 1884, this charming Victorian farmhouse sits on 42 acres of grassy fields, pine forests, streams and ponds. Once a working farm, slowly we are returning it to a gentleman's farm with a small assortment of animals where you can collect the morning eggs for breakfast (early risers only). While many of the original farm buildings are only slightly visible on the hill on the east side of the original property, the building which housed the facilities for drying seeds can still be seen from the Inn.

#### Lazy Dog Inn in Chocorua, NH

This inn is located minutes from The Barnstormers, the oldest summer theater in New Hampshire. The Lazy Dog Inn welcomes all dogs without your typical weight or breed restrictions. Doggie guests are welcome with open arms and an open heart. Come experience what all of our doggie guests are howling about. The Lazy Dog Inn prides itself on being the only "Truly Dog Friendly" Bed and Breakfast. They also offer a bottomless treat jar for our four legged friends. This inn provides the guests and their dogs traditional New England comforts in a historically rich farmhouse built 1845. We pride ourselves by anticipating our doggie and human guests needs.

#### The Paw House in West Rutland, VT

The Paw House is minutes from many of Vermont's four season treasures including Killington and Pico Mountains. This inn has a dog park on-site complete with an Agility course, and can offer Agility and Obedience training by appointment. The innkeepers can lead you to all of the best dog-friendly hiking, swimming, restaurants, and attractions. Also, you can choose to enjoy Vermont while pampering your dog at Mario's Playhouse, our state-of-the-art dog care facility. Activities for you and your pet include: outdoor movies, Doggie Mystery Weekends and dog portraits.

#### Bed and Breakfast at Ponder Cove, NC

Ponder Cove is a wonderful haven for pet lovers who want to experience the finer things in life with their pets by their side. We are a luxury bed and breakfast Inn that is superbly unique compared to any other in the Asheville area. We do not merely take your pet but rather we spoil them just as you do at home. In fact nine out of ten dogs prefer Ponder Cove. Each guest has their own private suite which features spacious rooms with high end amenities, some with fireplaces, double whirlpools or private deck and entrance. Then there is breakfast at the cove which seems to bring raves.

### Reflections

You know, time has a way of moving quickly and catching you unaware of the passing years.

It seems just yesterday that I was young, just married and embarking on my new life with my mate. And yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all.

And I have glimpses of how it was back then and of all my hopes and dreams. But, here it is...the winter of my life and it catches me by surprise. How did I get here so fast? Where did the years go and where did my babies go? And where did my youth go?

I remember well...seeing older people through the years and thinking that those older people were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like. But, here it is...my friends are retired and really getting gray...they move slower and I see an older person now. Lots are in better shape than me, but, I see the great change. Not like the ones that I remember who were young and vibrant, but, like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd be.

Each day now, I find that just getting a shower is a real target for the day! And taking a nap is not a treat anymore—it's mandatory! Cause if I don't on my own free will...I just fall asleep where I sit!

And so, now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!

But, at least I know, that though the winter has come, and I'm not sure how long it will last...this I know, that when it's over...its over. Yes, I have regrets. There are things I wish I hadn't done, things I should have done, but indeed, there are many things I'm happy to have done. It's all in a lifetime.

So, if you're not in your winter yet, let me remind you, that it will be here sooner than you think. So, whatever you would like to accomplish in your life please do it quickly! Don't put things off too long!!

Life goes by quickly. So, do what you can today, as you can never be sure whether you will reach your winter or not!

You have no promise that you will see all the seasons of your life...so, live for today and say all the things that you want your loved ones to remember, and, hope that they appreciate and love you for all the things that you have done for them in all the years past!

Life is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one.

Live well...enjoy today...do something fun... be happy...be thankful to God for all you have!

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• The "Trade Secrets" book

(the pre-publication price is still available)
"Sheltie Pacesetter" back issues
 (November/December 1983 through SUMMER 2012)
 - Also see our "BLOW OUT SALE" for many back issues!
"The Telegram" (previous monthly Sheltie newsletters)
 Please feel free to download, print and share
 any of these informative newsletters.

Nancy Lee Cathcart — Website: www.sheltie.com E-mail: s.pacesetter@sheltie.com Phone: 260-434-1566 (Monday—Friday, 9—4, Eastern time)

#### Dear Sheltie fanciers,

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This newsletter is being sent out for FREE to Sheltie fanciers who requested more up-to-date information about Shelties and their activities. Past newsletters are posted on our secure website (www.sheltie.com) under "Newsletter."

If you know of someone else who would like to begin receiving this e-mail newsletter, please send us his or her e-mail address. If you ever wish to stop receiving these free Sheltie newsletters and articles, let us know by sending an e-mail to s.pacesetter@sheltie. com.

Please send us (via e-mail) any timely articles which you think should be shared among other Sheltie folks. We accept Specialty show information and contact information, along with timely announcements...such as symposiums and teaching events.